

Do you suffer with

- **Jaw Tension?**
- **Tension Headaches?**
- **Facial Discomfort?**

Why not try a TMJ Massage Therapies® Jaw Massage Ball?

THE PERFECT GIFT FOR JAW PAIN SUFFERERS

Jaw Massage Ball



from TMJ Massage Therapies

www.tmjmassagetherapies.com/shop/jawmassageball

£7.75

Targeted movements with the Jaw Massage Cork Ball help to loosen tense jaw and face muscles, increase blood flow in the fascia and loosen hardened connective tissue leaving you feeling relaxed and with less jaw tension.

Ask at Reception or email Helen@tmjmassagetherapies.com