

## “MASSAGING PEOPLE WHO HAVE DEMENTIA”

*“An opportunity for therapists & carers to learn how to enable people who have dementia feel comfortable about massage, & learning specialist techniques that reflect understanding the world from your client’s perspective.”*

Therapists will find out how set up a positive, professional working relationship with carers, be they friends, family or professionals, to ensure you work together for the client's benefit. You will learn how to advance your skills. Students will be able to build on their current knowledge to give them the confidence to practice more proficiently in this field.

Carers of people with dementia will learn how better to communicate with the people they care for, & learn how massage & positive touch can help improve & sustain relationships & contribute to better overall wellbeing for the person with dementia.

Carers & therapists will have an invaluable forum whereby they can exchange experiences to help support techniques & enhance skills.

This is a very exciting opportunity to attend a unique, & in turn, fun & profound training day which combines the cutting edge techniques of being able to genuinely make clients with dementia feel more comfortable about touch. Through this course you will gain the skills to deliver a fantastic hands-on package to some wonderful people.

This CMA, FHT & CThA approved course is hosted in a stunning location in Cornwall at the beautiful Blue Lotus Therapy Centre in Scorrier. Nicolle is offering this specialist course at £120 on the 18<sup>th</sup> February 2011 & 20<sup>th</sup> May 2011.

Keep an eye on Nicolle’s website for further dates to be announced for later in 2011 as well as further dates in London.

Please feel free to contact Nicolle for further details & bookings

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or check out her website for bookings & more information:

[www.lifenlimb.co.uk](http://www.lifenlimb.co.uk)

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